A QUESTIONNAIRE TO EXPLORE TB RELATED KNOWLEDGE ATTITUDES AND BEHAVIOUR

Please tick one

| Baseline Data Collection | Follow-up Data collection |

We wish to learn about your knowledge attitudes and practices regarding tuberculosis (TB). We hope to understand your needs and the best way to bring information to you as well as understand the barriers you may face in seeking treatment.

Your answers will not be released to anyone but will only be used for the purpose stated above. In this light your name will not be written on the questionnaire or kept in any other records. Your participation in this exercise is voluntary, however we would be grateful if you participated as we would like to collect as much information as possible.

It is anticipated that this exercise will take about an hour to complete.

Date........................................... Name of interviewer.................................
Starting time.............................. Duration ....................................................

Instruction: Please place a tick in the spaces provided for the selected answer.

A. GENERAL AND DEMOGRAPHIC QUESTIONS

1. How old are you?

| a. Under 15 | b. 15-24 | c. 25-34 | d. 35-44 | e. 45-54 | f. 55 -64 | g. 65 and above |

2. What is your sex?

| a. Female | b. Male |
3. What is the highest level of education that you have completed?

   a. No Schooling at all
   b. Literacy classes only
   c. Some Primary School
   d. Completed Primary School
   e. Some High School
   f. Completed High School
   g. Higher education after completing High School (professional or Degree).

4. Do you currently have paid employment?

   a. Yes
   b. No

5. How far do you live from the nearest hospital/health centre/clinic?

   a. Less than 5 km
   b. 5-9 km
   c. 10 km and above

6. Are you a member of the church?

   a. Yes
   b. No

B. TREATMENT SEEKING BEHAVIOUR

7. Where do you usually go when you are sick or to treat a general health problem?

   a. Government clinic or Hospital
   b. NGO run clinic or Hospital
   c. Church run Clinic or Hospital
   d. Private Hospital or clinic
   e. Traditional healer
   f. Other, please explain ..................
      .....................................................
8. How often do you generally seek health care at a clinic or hospital?

a. Twice or more a year
b. Once per year
c. Once every two years
d. Once or twice in 5 years
e. Never in the last five years
f. Other, please explain ..................

C. TB KNOWLEDGE AND AWARENESS

9. Have you ever received any information on TB?

a. Yes
b. No

10. If yes, where did you first learn about Tuberculosis /TB (please tick all that apply)

a. Religious leaders
b. Health workers
c. Family and friends
d. Teachers
e. Brochures, posters and other printed materials
f. Media
g. Other, Please explain..........................

11. What are the sources of information that you think can most effectively reach people like you with information on TB? (Please tick all that apply)

a. Newspapers and magazines
b. Radio
c. TV
d. Billboards
e. Brochures, posters and pamphlets
f. Health workers
g. Family, friends, neighbours and colleagues
h. Religious leaders
i. Teachers
j. Other, Please explain..........................

12. In your opinion how serious a disease is TB? (tick one)

a. Very serious
b. Somewhat serious
c. Not very serious
13. How serious a problem do you think TB is in your community?
   a. Very serious
   b. Somewhat serious
   c. Not very serious

14. What are the signs and symptoms of TB that you know? (please tick all you know)
   a. Rash
   b. Cough
   c. Cough that lasts longer than 3 weeks
   d. Coughing up blood
   e. Severe headache
   f. Nausea
   g. Weight loss
   h. Fever
   i. Fever without clear cause that lasts more than 3 days
   j. Chest pain
   k. Shortness of breath
   l. Ongoing fatigue
   m. Do not Know
   n. Other, please explain

15. How can a person get TB? (Please tick all that are mentioned)
   a. Through hand shakes
   b. Through the air when a person with TB coughs or sneezes
   c. Through sharing dishes
   d. Through eating from the same plate
   e. Through touching items in public places: door knobs, handles, in public transport
   f. Do not know
   g. Other, Please explain ..............................

16. How can a person prevent getting TB? (Please tick all that are mentioned)
   a. Avoid shaking hands
   b. Cover mouth and nose when coughing
   c. Avoid sharing dishes
   d. Washing hands after touching items in public places.
   e. Closing windows at home
   f. Good nutrition
   g. Through prayer
   h. Do not know
   i. Other, Please explain ..............................
17. In your opinion who can be infected with TB? (Please tick all that are mentioned)

a. Anybody  

b. Only poor people  

c. Only homeless people  

d. Only alcoholics  

e. Only drug users  

f. Only people living with HIV  

g. Only people who have been in prison  

h. Other, Please explain ........................................

..................................................................

..................................................................

18. Do you think people living with HIV should be concerned about TB?

a. Yes  Go to 19a  

b. No  Go to 19b  

19a Why? (Please tick one)

a. A person living with HIV is more likely to develop TB  

b. I do not know  

c. Other, Please explain  

19b Why not?

a. A person living with HIV is not more likely to develop TB that people who are HIV negative  

b. I do not know  

c. Other, Please explain  

20. Can TB be cured?

a. Yes  

b. No
21. If yes to question 17, how can someone with TB be cured? (Please tick all that are mentioned)

   a. Drugs given by a health centre
   b. DOTS
   c. Herbal remedies
   d. Specific drugs given by a health centre
   e. Home rest without medicine
   f. Traditional medicine
   g. Faith healing through prayer
   h. I do not know
   i. Other, please explain .................................................................

22. Do you feel well informed about TB?

   a. Yes
   b. No

23. Do you wish to get more information on TB?

   a. Yes
   b. No

D. CARE SEEKING BEHAVIOUR

24. Do you think you can get TB? Please explain your answer.

   Yes □ Because......................................................................................................................
   ...............................................................................................................................................

   No □ Because......................................................................................................................
   ...............................................................................................................................................

25. What would you do if you thought you had TB? Tick all that apply

   a. Go to a health facility
   b. Go to a pharmacy
   c. Go to a traditional healer
   d. Pursue other self-treatment options
   e. Other, specify.................................................................
   .............................................................................................................................................
26. If you had symptoms of TB, at what point would you seek help from a health facility? *Please tick one only.*

<table>
<thead>
<tr>
<th>Option</th>
<th>Answer</th>
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<tbody>
<tr>
<td>a. As soon as I realise that the symptoms might be related to TB (go to question 28)</td>
<td></td>
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<tr>
<td>b. When self-treatment does not work (go to question 28)</td>
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<td>c. When the TB symptoms have lasted 3-4 weeks (go to question 28)</td>
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<tr>
<td>d. I would not go to a doctor or health facility (go to question 27)</td>
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27. If you would not go to a health facility, what is the reason? *Please tick all that apply.*

<table>
<thead>
<tr>
<th>Reason</th>
<th>Answer</th>
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<tbody>
<tr>
<td>a. Not sure where to go</td>
<td></td>
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<tr>
<td>b. Cost</td>
<td></td>
</tr>
<tr>
<td>c. Transport challenges/ distance from health facility</td>
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<td>d. Do not trust health workers</td>
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<td>e. Do not like the attitude of Health workers</td>
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<td>f. Cannot leave work, health facility operation hours not convenient/ clash with work hours</td>
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<tr>
<td>g. Fear to find out that something is really wrong.</td>
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<td>h. Other, Please explain............................</td>
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28. How expensive do you think TB diagnosis and treatment is in this country? *Tick one only*  

<table>
<thead>
<tr>
<th>Option</th>
<th>Answer</th>
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<tbody>
<tr>
<td>a. It is free of charge</td>
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<tr>
<td>b. It is reasonably priced</td>
<td></td>
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<tr>
<td>c. It is moderately/somewhat expensive</td>
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<tr>
<td>d. It is very expensive</td>
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E. ATTITUDE TO TB.  

29. Do you know people who have TB/ had TB?  

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<th>Option</th>
<th>Answer</th>
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<tbody>
<tr>
<td>a. Yes</td>
<td></td>
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<tr>
<td>b. No</td>
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</table>
30. Which statement is closest to you about people with TB disease? (*Please choose one statement*)

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<tbody>
<tr>
<td>a.</td>
<td>I feel compassion and desire to help</td>
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<tr>
<td>b.</td>
<td>I feel compassion but I tend to stay away from these people.</td>
</tr>
<tr>
<td>c.</td>
<td>It is their problem and I cannot get TB</td>
</tr>
<tr>
<td>d.</td>
<td>I fear them because they may infect me.</td>
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<tr>
<td>e.</td>
<td>I have no particular feeling</td>
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<tr>
<td>f.</td>
<td>Other, please explain.......................... .......................................................... ..........................................................</td>
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31. In your community how is a person who has TB usually regarded/ treated?

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<tbody>
<tr>
<td>a.</td>
<td>Many people reject him/her</td>
</tr>
<tr>
<td>b.</td>
<td>Most people are friendly but they generally try to avoid him/her</td>
</tr>
<tr>
<td>c.</td>
<td>The community mostly supports and helps him/her</td>
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<tr>
<td>d.</td>
<td>Other, please explain.......................... .......................................................... ..........................................................</td>
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32. What would your reaction be if you found out that you had TB? (*Please tick all that apply*)

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<tbody>
<tr>
<td>a.</td>
<td>Fear</td>
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<td>b.</td>
<td>Surprise</td>
</tr>
<tr>
<td>c.</td>
<td>Shame</td>
</tr>
<tr>
<td>d.</td>
<td>Embarrassment</td>
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<tr>
<td>e.</td>
<td>Sadness and hopelessness</td>
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<tr>
<td>f.</td>
<td>Other, please explain.......................... .......................................................... ..........................................................</td>
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33. If you had TB, who would you talk to about your illness? (*Please tick all that apply*)

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<tbody>
<tr>
<td>a.</td>
<td>No one</td>
</tr>
<tr>
<td>b.</td>
<td>Health staff</td>
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<tr>
<td>c.</td>
<td>Spouse</td>
</tr>
<tr>
<td>d.</td>
<td>Children</td>
</tr>
<tr>
<td>e.</td>
<td>Parents</td>
</tr>
<tr>
<td>f.</td>
<td>Close friend</td>
</tr>
<tr>
<td>j.</td>
<td>Other, specify..........................</td>
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34. Is there anything else you would like to share with regards to Tuberculosis/TB?
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Thank-you for participating in this survey.

Ending time .................................................